

## ABSTRACT OF THE DISCLOSURE

[21] A method of treating deep vein thrombosis in a limb of user includes applying a deep vein thrombosis treatment sleeve onto the limb of the user so that portions of the user's limb extend from opposite open ends of the deep vein thrombosis treatment sleeve; allowing the deep vein thrombosis treatment sleeve to conform to the limb and adhere to the limb over the area of the user's limb where the deep vein thrombosis resides through negligible compression suction adhesion; heating up the deep vein thrombosis treatment sleeve with a user's body heat so that the user barely notices the deep vein thrombosis treatment sleeve on the user's limb; and treating the deep vein thrombosis with the deep vein thrombosis treatment sleeve on the limb of the user over the area of the user's limb where the deep vein thrombosis resides. The treatment sleeve may also be used for treating a ligament or muscle injury in a joint of a user.